

The curriculum is built around 6 core themes: * EPA Formative Assessment at the end of each Unit End points Feb & June 2025

Core Theme 1: Rights, responsibilities and British Values	Core Theme 2: Celebrating diversity and equality	Core Theme 3: Relationships and sex education	Core Theme 4: Staying safe online and offline	Core Theme 5: Health and Wellbeing	Core Theme 6: Life Beyond School
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Year	Core Theme	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	Core Theme	Core Theme 2: Celebrating diversity and equality	Core Theme 3: Relationships and sex education	Core Theme 1: Rights, responsibilities and British Values	Core Theme 4: Staying safe online and offline	Core Theme 5: Health and Wellbeing	Core Theme 6: Life Beyond School
	Unit Title	Celebrating Differences	Friendships, Respect and Relationships	Politics, Parliament and Media	Staying Safe Online and Offline	Puberty and Body Development	Managing Change
	Lesson 1	What is PSHE (intro) What is your identity? CIT, BV, SMSC, PC	Consent and boundaries RSE – T4, BV	Why is politics important CIT, BV, SMSC, PC	Avoiding Gangs Laws, SMSC	Intro to puberty SH – T8	Getting to know people GB T1 -SH SMSC
	Lesson 2	Multicultural Britain BV, CIT, RSE – T2, SMSC	Respect and relationships RSE – T2BV, SMSC	How is our country run CIT, GB, BV, SMSC	Staying Safe Online SH – T2	Puberty (girls focus) SH- T8 PC	What is a community? GB BV SMSC PC
	Lesson 3	Importance of being kind CIT, BV, SMSC	What makes a good friend SH - T1 & RSE – T2 SMSC	The role of the Prime Minister CIT, SMSC, GB	Online Gaming, Grooming & addiction SH – T2	Puberty (boys focus) SH – T8 PC	Careers and your future BV T6-SH GB
	Lesson 4	Breaking down stereotypes BV, CIT, RSE – T2 SMSC	Friendships and managing them SRE – T2	The Monarchy and King Charles III CIT, SMSC	Alcohol and Risk SH – T5	Personal hygiene, inc. oral hygiene SH – T6	Sleep and relaxation GB T6-SH SMSC
	Lesson 5	Learning Disabilities BV, CIT, RSE – T2 SMSC	Being positive & Self Esteem RSE – T1 SMSC	Politics Debates and Parliament CIT, BV, SMSC	Nicotine & smoking SH – T5	Growing up and FGM SH – T8, RSE BV SMSC	Financial education GB
	Lesson 6	Prejudice and Discrimination BV, CIT, RSE – T2 SMSC	Pressure & Influence RSE – T1 SMSC, GB	Elections and Campaigning CIT, BV, SMSC	E-Cigs and vaping and shisha SH – T5	Assertiveness, consent and hormones SH – T8 SMSC	Transition points in your life GB T2 RSE SMSC
Lesson 7	Challenging Islamophobia and prejudices CIT, RSE – T2 BV, SMSC	What does it mean to be a man? T1 PC	Creating a political party CIT, BV, SMSC	Energy drinks and caffeine RSE, SH – T2 Knife Crime and safety SMSC	Self esteem and empowerment GB, SH – T6 Teeth decay & dental hygiene		

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	Unit Title	Equality and Diversity Explored	Identity, Relationships and Sex Education	Law, Crime and Society	Dangerous Society Online and Offline	Physical Health and Mental Wellbeing	Proud to Be Me!
	Lesson 1	What is PSHE (intro) Equality Act & protected characteristics T1 RSE BV, SMSC, PC, CIT	Intro to relationships and sex education RSE – T3 BV, SMSC	Desert Island Living BV, SMSC	County Lines & Gangs SMSC	Health and Wellbeing SH – T1	Employability & Enterprise Skills GB
	Lesson 2	LGBT what is it? T2 RSE BV, SMSC, PC	Being yourself and self love RSE – T1, SMSC	Building a community GB, BV T1-RSE, SMSC, PC	County Lines – Who is at risk? SMSC	What is mental health? SH – T1	Proud to be me + Career choices GB, SMSC
	Lesson 3	Rights across the world T2 RSE, BV, SMSC, PC	Healthy Respectful relationships RSE T5, SMSC	Making decisions & constitution ,BV, SMSC, PC, GB	Substance misuse SH – T5	Positive body image SH – T2, RSE – T3 SMSC	Career & Aspirations GB
	Lesson 4	Gender Equality BV T1 RSE, SMSC, PC	What is Love? RSE – T5	Criminals, laws and society CIT, BV, SMSC	Online safety – Cyber bullying SH – 2, RSE – T3	Child Abuse RSE – T2	Self Esteem and the Media SMSC, GB
	Lesson 5	Ableism and disability discrimination BV T2 RSE, SMSC, PC	Dealing with conflict	Law making processes in the UK CIT, BV, SMSC	Grooming Boys and Girls SH – 2, RSE – T1	Types of Bullying RSE – T2	Importance of happiness GB SH -T1 SMSC
	Lesson 6	Removing Barriers & equality for all BV T2 RSE, SMSC, PC, GB, CIT	Periods and menstrual cycles T8-SH	Prisons, Reform and Punishment CIT, BV, SMSC	Drugs Education – Alcohol safety SH – T5	Healthy eating and Cholesterol RSE – T4 SH-T6 SMSC	What makes me Angry? RSE -T2 SMSC
Lesson 7	Racism and discrimination BV, SMSC, PC, CIT	introduction to contraception RSE – T5 Sexual orientation RES T1 BV PC		Child Exploitation and online protection SH – T2, RSE T3	Stress management SH – T1	Exploring careers GB	

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9	Core Theme	Core Theme 1: Rights, responsibilities and British Values	Core Theme 3: Relationships and sex education	Core Theme 4: Staying safe online and offline	Core Theme 3: Relationships and sex education	Core Theme 6: Life Beyond School	Core Theme 5: Health and Wellbeing
	Unit Title	Combating Extremism and Terrorism	Sex, the Law and Consent	Legal and Illegal Drugs	Contraception and STIs	Essential Life skills	Body Confidence
	Lesson 1	What is PSHE (intro) Conspiracies Theories & Extremist narratives CIT RSE-T3 SH-T2, BV SMSC,	Sexual Consent and the Law RSE – T4 PC	What is a drug? SH – T5	What are STI's RSE T5	Resilience: Failure to Success GB	How Self Esteem changes SH – T1, SMSC,GB
	Lesson 2	Extremism in all its forms SH T2,BV,SMSC,PC	FGM & the Law RSE – T4	Different types of Addictions SH – T5	Treating STI's & GUM clinics RSE – T5	Assertiveness RSE – T2 SMSC,GB	What is a penis? SH – T8 PC
	Lesson 3	What is Terrorism ,BV,SMSC,PC	Relationship & Partners RSE – T5 SMSC	Cannabis products SH – T5	Contraception Methods Available RSE – T5	First Aid SH – T7,GB	What is a vulva? SH – T8 RSE -T1 PC
	Lesson 4	War and conflict CIT, BV	Domestic Abuse & Domestic Violence RSE – T5	Drug Classifications SH – T5 SMSC, CIT	ContraceptionThe Condom Lesson RSE – T5	What is anger? GB,CIT	HBT – Bullying in all its forms BV
	Lesson 5	The radicalisation process SH-T2,BV,PC	Why have sex? RSE – T5	“Party” Drugs & Illegal Drugs SH – T5	Contraception Explored RSE – T5	Saving and managing money GB	Dealing with Grief and loss
	Lesson 6	Counter Terrorism RSE T2,BV,CP	Delaying Sexual Activity RSE – T5 SMSC PC	Exploring illegal drugs & Effects SH – T5	HIV and AIDS RSE – T5 BV,PC	Labour Market Information GB CIT Finance media & online stress	Media and Airbrushing SH – T2, RSE – T3
Lesson 7	Anti – Semitism in the UK PC	What are STI's? RSE T5	Volatile Substance Abuse SH – T5	AIDS – Prejudice & Discrimination RSE – T5 BV,PC	Social media and online stress SH – T2	Cancer Prevention & Healthy lifestyles SH – T6	

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KS4 1 hour every 2 weeks PSHE. to fulfill the curriculum form time sessions will be used to pick up the rest of PSHE.

Year		Form Time Term 1	Core PSHE Term 1	Core PSHE Term 2	Form Time Term 2	Core PSHE Term 3	Form Time Term 3
10	Core Theme	Core Theme 1: Rights, responsibilities and British Values	Core Theme 3: Relationships and sex education	Core Theme 5: Health and Wellbeing	Core Theme 6: Life Beyond School	Core Theme 4: Staying safe online and offline	Core Theme 2: Celebrating diversity and equality
	Unit Title	Exploring British Values	Exploring Relationships and Sex Education	Mental Health and Wellbeing	Rights and Responsibilities	Violence, Crimes and Seeking Safety	Exploring World Issues
	Lesson 1	What is PSHE (intro) Critical thinking & Fake News BV, CIT RSE-T3 SH-T2	Pleasure and delaying Sex RSE – T5	Child Sexual Abuse (CSE) RSE – T2,BV	Instagram Generation SH – T2,GB	Honor-based Violence RSE – T1,SMSC	International Organisations CIT
	Lesson 2	Hate crime in the UK BV, CIT RSE-T2,SMSC,PC	Campaigning Against FGM RSE – T4,BV,SMSC	Screen time SH – T2	Targeted Advertising SH – T2, RSE – T3,GB	Forced Marriages & Breast Ironing RSE – T4,BV	Peace, War and Conflict CIT
	Lesson 3	British Values & Identity BV, CIT, RSE T2,SMSC,PC	Sexting Nudes and Dick pictures SH – T2, RSE – T3	Common types of Mental Health SH – T1	What is Marriage? RSE – T1,PC	Online Gambling SH – T2,GB	Human rights during War CIT
	Lesson 4	Mutual Respect & Tolerance BV, CIT,SMSC	Online Pornography (Myths Vs Reality) RSE – T4SH-T2	Self Harm SH-T1	Rights & Responsibilities GB,CIT	Social Media Validation SH – T2	Aid & Supporting Countries CIT
	Lesson 5	Individual Liberty BV, CIT,SMSC	Porn & its impact on Society RSE – T4	Suicidal thoughts & Feelings SH-T1	Consumer Rights GB, CIT	Keeping Data SH – T2, RSE – T3,BV,GB	Striking and Trade unionism CIT
	Lesson 6	What are Human Rights? democracy Explored BV,SMSC,CIT	Unhealthy Relationships & Sexual Violence RSE – T4	Promoting Emotional wellbeing SH – T1	Employment rights GB,,CIT	Modern Day Slavery CIT, RSE-T1,SMSC	Women's Rights and Equality CIT, BV
	Lesson 7	Democracy Explored BV,SMSC, CIT	Sexualisation of the media RSE – T3		Exploring a Paycheck GB	Causes of Knife Crime SMSC	Fair Trade and Free Trade CIT

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11	Core Theme	Core Theme 6: Life Beyond School	Core Theme 3: Relationships and sex education	Core Theme 5: Health and Wellbeing	Core Theme 4: Staying safe online and offline	EXAMS Revision in PSHE and form time	EXAMS Revision in PSHE and form time
	Unit Title	Your Future and Beyond	Sexual Health	Adult Health and Looking After Yourself	Staying Safe		
	Lesson 1	What is PSHE (intro) Screen Addiction and Studying SH – T2 GB	Peer on peer bullying RSE – T1,PC	* Organ donation & Donating Blood SH – T3	*Virtual Reality & Live Streaming SH – T2,GB		
	Lesson 2	Post 16 options BV GB	Fertility and what impacts it RSE – T5	Teenage Pregnancy Choices RSE – T5	*Online reputation & Digital Footprint SH – T2 RSE -T3,BV,GB		
	Lesson 3	Exam stress and Anxiety SH – T6,GB	Alcohol and Bad Choices RSE – T5,BV,SMSC	Abortion (Morals, laws & Ethics) RSE – T5	*Group Chats & Anti-Bullying SH – T2, RSE-T3,BV,SMSC		
	Lesson 4	Social Media Vs Real Life SH – T2, RSE – T3,SMSC	Importance of Sexual Health RSE – T5	Testicular & Prostate Cancer SH – T6	*Cosmetic & Aesthetic Procedures		
	Lesson 5	Writing a CV GB	Revisiting contraception RSE – T5	Cervical, breast & Ovarian Cancer SH – T6	NPS New Psychoactive Substance SH-T5		
	Lesson 6	Writing a Personal Statement GB	Revisiting STI's RSE T5	*Parenthood for Teenager RSE-T1	Festivals and Nitrous oxide SH-T5		
Lesson 7		Respect Love & Relationships RSE -T5,SMSC	*Love & Abuse RSE – T1	Substance Addiction SH – T5			

***EPA** (End Point Assessments) are the opportunities for students to demonstrate their Knowledge and skills within PSHE EPA will be in February and June 2025. Statutory PSHE will be covered prior to these assessment points. Students within PSHE will be assessed throughout the academic year at the end of each Unit using our formative assessment process with the use of google forms. Statutory topics of RSE, BV, Health & wellbeing and Staying safe there will be an added assessment question to which students will have to give an extended answer to. Students' work will be assessed throughout the term and knowledge checked as part of lessons and within Students assessment booklets.