

Curriculum Overview for Year 7 in PE

Year 7 Assessment point 1: information about the data that is provided on reports to parents following the assessments eg current progress, A2L

Year 7 Assessment point 2: information about the data that is provided on reports to parents following the assessments eg current progress, A2L

Year 7 Assessment point 3: information about the data that is provided on reports to parents following the assessments eg current progress, A2L

Date of Formative Assessment: dates of assessment week **Date of Summative Assessment:** date of assessment week

Half Term	5th September - 21st October	31st October - 16th December	3rd January - 10th February	20th February - 31st March	17th April - 26th May	5th June - 25th July
	1	2	3	4	5	6
	Football	Hockey	Volleyball	Health Related Fitness	Athletics	Athletics
Knowledge and skills which will be covered this year	Pupils use a range of skills, tactics and strategies to work as a team to overcome opponents in	Pupils use a range of skills, tactics and strategies to work as a team to overcome opponents in	Pupils use a range of skills, tactics and strategies to overcome opponents in both, adapted and	Pupils learn the components of fitness into practical ways and improve knowledge,	Pupils develop advanced running, jumping and throwing techniques to aim to achieve a	Pupils develop advanced running, jumping and throwing techniques to aim to achieve a



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adapted games of football, showing knowledge of the rules.	adapted games of Hockey, showing knowledge of the rules.	full, singles games of Volleyball,, showing knowledge of the rules.	understanding and application of each component and how to measure/test it to secure a lifelong	personal best in a range of athletic events, and to apply competitive strategies in competitions, as	personal best in a range of athletic events, and to apply competitive strategies in competitions, as
Basketball/Netba	Dance		active and healthy	well as accurately	well as accurately
	Danoo	Gymnastics/Park	lifestyle	officiating events.	officiating events.
Pupils use a	Dunila focus on		mestyle	oniciating events.	Unicialing events.
	Pupils focus on	our Durile feeue en	Durahu		
range of skills,	accurately	Pupils focus on	Rugby	_	
tactics and	replicating a	accurately		Rounders	Rounders
strategies to work		replicating a	Pupils use a		
as a team to	Dance skills to	range of	range of	Pupils use a	Pupils use a
overcome	create short	Gymnastics/Parko	skills,tactics and	range of striking	range of striking
opponents in	sequences that	ur skills to create	strategies to work	and fielding skills,	and fielding skills,
adapted	show knowledge	short sequences	as a team to	tactics and	tactics and
games of	of	that show	overcome	strategies to	strategies to
basketball/netball	compositional	knowledge of	opponents in	perform as a	perform as a
Application of the	ideas to	balance	adapted	batter and fielder	batter and fielder
rules correctly is	improve aesthetic	,sequencing and	games of rugby,	in	in
essential	quality	linking skills to	showing	adapted games,	adapted games,
		improve aesthetic	knowledge of the	showing	showing
Badminton	Health Related	quality.	rules.	knowledge of the	knowledge of the
	Fitness			rules.	rules.
Pupils use a		Hockey/Football	OAA		
range of skills,	Pupils learn the				
tactics and	components of	Students will	Pupils take part in	Cricket	Cricket
strategies to	fitness into	revisit Hockey or	orienteering and		
overcome	practical ways	football and	other problem	Pupils use a	Pupils use a
opponents in	and improve	further enhance	solving activities	range of striking	range of striking
both, adapted and		their learning as	which present	and fielding skills,	and fielding skills,
full.	understanding	participants,	intellectual and	tactics and	tactics and
singles games of	and application of	coaches and	physical	strategies to	strategies to
Badminton,	each component	officials.	challenges and	perform as a	perform as a
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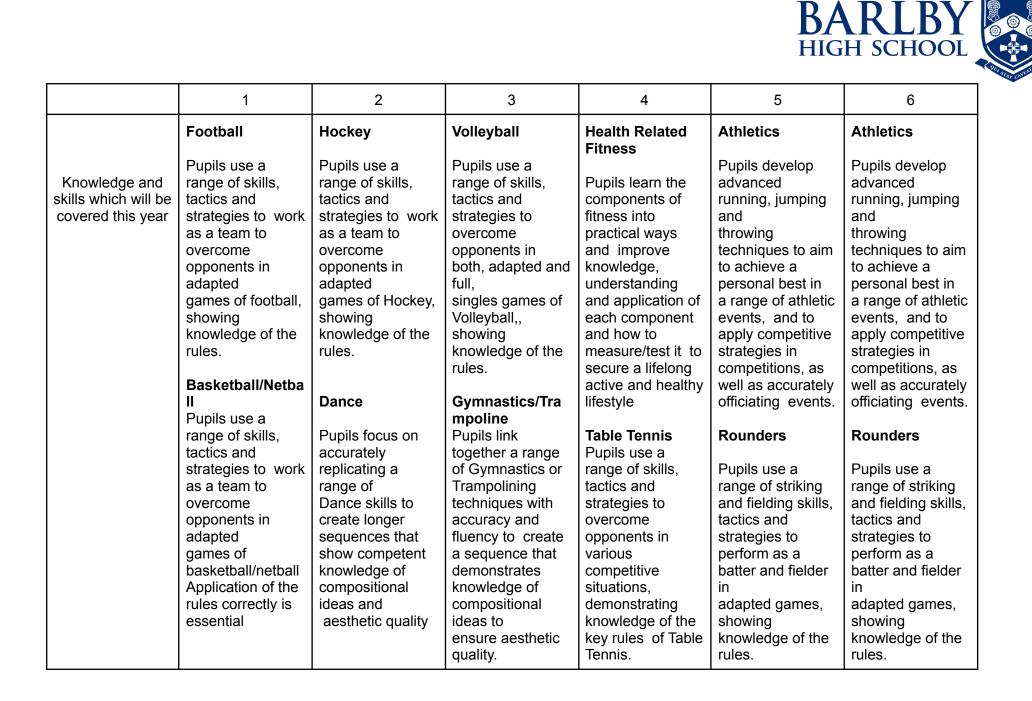
showing knowledge of the rules.	and how to measure/test it to secure a lifelong active and healthy lifestyle		are encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group.	batter and fielder in adapted games, showing knowledge of the rules	batter and fielder in adapted games, showing knowledge of the rules
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Curriculum Overview for Year 8 in PE

Year 8 Assessment point 1: information about the data that is provided on reports to parents following the assessments Year 8 Assessment point 2: information about the data that is provided on reports to parents following the assessments Year 8 Assessment point 3: information about the data that is provided on reports to parents following the assessments

Date of Formative Assessment: dates of assessment week Date of Summative Assessment: date of assessment week

5th	h September - 31st October -	3rd January - 10th	20th February -	17th April -	5th June -
Half Term 2	21st October 16th December	February	31st March	26th May	25th July





FitnessPupils use a range of skills,Pupils a tactics andtactics and strategies tocompor fitness i overcomeovercome opponents inpractica improvin both, adapted and full,tall,underst and app Badminton,	pply the ents of nto I ways of g lication of ed in intelication of ed intelication of ed intelicati	oblemand fielding skills, tactics and strategies to perform as a batter and fielderual andperform as a batter and fielderes andinouraged to a team, on trustadapted games, showinga team, velopingshowingsolve s, either ally or asand	Cricket Pupils use a range of striking and fielding skills, tactics and strategies to perform as a batter and fielder in adapted games, showing knowledge of the rules
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Curriculum Overview for Year 9 in PE

Year 9 Assessment point 1: information about the data that is provided on reports to parents following the assessments Year 9 Assessment point 2: information about the data that is provided on reports to parents following the assessments Year 9 Assessment point 3: information about the data that is provided on reports to parents following the assessments

Date of Formative Assessment: dates of assessment week



Date of Summative Assessment: date of assessment week

Half Term	5th September - 21st October	31st October - 16th December	3rd January - 10th February	20th February - 31st March	17th April - 26th May	5th June - 25th July
	1	2	3	4	5	6
Knowledge and skills which will be covered this year	Football or Rugby Pupils use a range of skills, tactics and strategies to work as a team to overcome opponents in various competitive situations, demonstrating knowledge of the key rules of Football or Rugby.	Hockey Pupils use a range of skills, tactics and strategies to work as a team to overcome opponents in adapted games of Hockey, showing knowledge of the rules.	Volleyball Pupils use a range of skills, tactics and strategies to overcome opponents in both, adapted and full, singles games of Volleyball,, showing knowledge of the rules.	Health Related Fitness Pupils demonstrate their understanding off improving each component of fitness with the creation of training programmes and recording of fitness goals to secure a measurable lifelong active and healthy lifestyle	Athletics Pupils develop advanced running, jumping and throwing techniques to aim to achieve a personal best in a range of athletic events, and to apply competitive strategies in competitions, as well as accurately officiating events.	Athletics Pupils develop advanced running, jumping and throwing techniques to aim to achieve a personal best in a range of athletic events, and to apply competitive strategies in competitions, as well as accurately officiating events.



	Dance	Gymnastics/Tra	Table Tennis	Rounders	Rounders
		mpoline	Pupils use a	6	
	Pupils focus on	Pupils link	range of skills,	Pupils use a	Pupils use a
, , , , , , , , , , , , , , , , , , ,	accurately	together a range	tactics and	range of striking	range of striking
	replicating a	of Gymnastics or	strategies to	and fielding skills,	and fielding skills,
	range of	Trampolining	overcome	tactics and	tactics and
	Dance skills to	techniques with	opponents in	strategies to	strategies to
	create complex	accuracy and	various	perform as a	perform as a
	sequences that	fluency to create	competitive	batter and fielder	batter and fielder
	show knowledge	a sequence that	situations,	in , , ,	in
	of	demonstrates	demonstrating	adapted games,	adapted games,
	compositional	knowledge of	knowledge of the	showing	showing
	ideas to	compositional	key rules of Table	knowledge of the	knowledge of the
, , , , , , , , , , , , , , , , , , ,	improve aesthetic	ideas to	Tennis.	rules.	rules.
	quality and	ensure aesthetic	OAA	Cricket	Cricket
	demonstrate	quality.			
	technical dance	Hockey/Football	Pupils take part in	Pupils use a	Pupils use a
	elements	Pupils develop a	orienteering and	range of striking	range of striking
Badminton		wide range of	other problem	and fielding skills,	and fielding skills,
		advanced skills,	solving activities	tactics and	tactics and
	Health Related	tactics and	which present	strategies to	strategies to
- 5,	Fitness	strategies to work	intellectual and	perform as a	perform as a
tactics and		as a team to	physical	batter and fielder	batter and fielder
	Pupils	overcome	challenges and	in	in i
	demonstrate their	opponents in	are encouraged to	adapted games,	adapted games,
	understanding off	direct	work in a team,	showing	showing
	improving each	competition in full	building on trust	knowledge of the	knowledge of the
	component of	games of	and developing	rules	rules
	fitness with the	Football or	skills to solve		
· · · · · · · · · · · · · · · · · · ·	creation of	Hockey,	problems, either		
	training	accurately	individually or as		
	programmes and	applying the rules	a group.		
	recording of	and			
	fitness goals to	officiating games.			



	secure a measurable lifelong active and healthy lifestyle			
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Curriculum Overview for Year 10 in PE

Year 10 Assessment point 1: information about the data that is provided on reports to parents following the assessments Year 10 Assessment point 2: information about the data that is provided on reports to parents following the assessments Year 10 Assessment point 3: information about the data that is provided on reports to parents following the assessments

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	1	2	3	4	5	6
	Football or	Hockey	Volleyball	Cricket	Athletics	Athletics
	Rugby	-				



	range of skills,	tactics and	tactics and	and fielding skills,	running, jumping	running, jumping
Knowledge and	tactics and	strategies to work	strategies to	tactics and	and	and
skills which will be	strategies to work	as a team to	overcome	strategies to	throwing	throwing
covered this year	as a team to	overcome	opponents in	perform as a	techniques to aim	techniques to aim
	overcome	opponents in	both, adapted and	batter and fielder	to achieve a	to achieve a
	opponents in	adapted	full,	l in	personal best in	personal best in
	various	games of Hockey,	singles games of	adapted games,	a range of athletic	a range of athletic
	competitive	showing	Volleyball,,	showing	events, and to	events, and to
	situations,	knowledge of the	showing	knowledge of the	apply competitive	apply competitive
	demonstrating	rules.	knowledge of the	rules	strategies in	strategies in
	knowledge of the		rules.		competitions, as	competitions, as
	key rules of Football or	Health Related	Health Related	Badminton	well as accurately	well as accurately officiating events.
	Rugby.	Fitness	Fitness	Dauminton	officiating events.	onicialing events.
	rtugby.	1 101655	1 101635	Pupils use a		
		Pupils	Pupils	range of skills,		
		demonstrate their	demonstrate their	tactics and		
	Basketball/Netba	understanding off	understanding off	strategies to	Rounders	Rounders
		improving each	improving each	overcome		
	Pupils use a	component of	component of	opponents in	Pupils use a	Pupils use a
	range of skills,	fitness with the	fitness with the	both, adapted and	range of striking	range of striking
	tactics and	creation of	creation of	full,	and fielding skills,	and fielding skills,
	strategies to work	training	training	singles games of	tactics and	tactics and
	as a team to	programmes and	programmes and	Badminton,	strategies to	strategies to
	overcome	recording of	recording of	showing	perform as a	perform as a
	opponents in	fitness goals to	fitness goals to	knowledge of the	batter and fielder	batter and fielder
	various	secure a	secure a	rules.	in	in
	competitive	measurable	measurable		adapted games,	adapted games,
	situations,	lifelong active and	lifelong active and		showing	showing
	demonstrating	healthy lifestyle	healthy lifestyle		knowledge of the	knowledge of the
	knowledge of the				rules.	rules.
	key rules of Basketball or				Cricket	Cricket
	Netball				Pupils use a	Pupils use a



		range of striking and fielding skills, tactics and strategies to perform as a batter and fielder in adapted games, showing knowledge of the rules	s, r
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Curriculum Overview for Year 11 in PE

Year 11 Assessment point 1: information about the data that is provided on reports to parents following the assessments Year 11 Assessment point 2: information about the data that is provided on reports to parents following the assessments Year 11 Assessment point 3: information about the data that is provided on reports to parents following the assessments

Date of Formative Assessment: dates of assessment week **Date of Summative Assessment:** date of assessment week



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Half Term	5th September - 21st October	31st October - 16th December	3rd January - 10th February	20th February - 31st March	17th April - 26th May	5th June - 25th July
	1	2	3	4	5	6
	Football or Rugby	Football or Rugby	Health Related Fitness	Health Related Fitness	Sports options	Sports Options
Exam board & course code Knowledge and skills which will be covered this year	Rugby Pupils use a range of skills, tactics and strategies to work as a team to overcome opponents in various competitive situations, demonstrating knowledge of the key rules of Football or Rugby.	Rugby Pupils use a range of skills, tactics and strategies to work as a team to overcome opponents in various competitive situations, demonstrating knowledge of the key rules of Football or Rugby.	Pupils demonstrate their understanding off improving each component of fitness with the creation of training programmes and recording of fitness goals to secure a measurable lifelong active and healthy lifestyle	Pupils demonstrate their understanding off improving each component of fitness with the creation of training programmes and recording of fitness goals to secure a measurable lifelong active and healthy lifestyle	Students will be given a choice of activity to meet the needs of the group and maintain physical and mental well being during their preparation for the exam period This could be any of the sports they have covered during their time at school	Students will be given a choice of activity to meet the needs of the group and maintain physical and mental well being during their exam period This could be any of the sports they have covered during their time at school



Basketball/Netb	a Basketball/Netba	Volleyball	Hockey	
II	II			
Pupils use a	Pupils use a	Pupils use a	Pupils use a	
range of skills,	range of skills,	range of skills,	range of skills,	
tactics and strategies to wor	k strategies to work	tactics and strategies to	tactics and strategies to work	
as a team to	as a team to	overcome	as a team to	
overcome	overcome	opponents in	overcome	
opponents in	opponents in	both, adapted and	opponents in	
various	various	full,	adapted	
competitive	competitive	singles games of	games of Hockey,	
situations,	situations,	Volleyball,,	showing	
demonstrating knowledge of the	demonstrating knowledge of the	showing knowledge of the	knowledge of the rules.	
key rules of	key rules of	rules		
Basketball or	Basketball or			
Netball	Netball			
Badminton	Badminton			
Pupils use a	Pupils use a			
range of skills,	range of skills,			
tactics and	tactics and			
strategies to	strategies to			
overcome	overcome			
opponents in	opponents in			
both, adapted an				
full, singles games of	full, singles games of			
Badminton,	Badminton,			
showing	showing			
knowledge of the				
rules.	rules.			

