



# Safeguarding and Wellbeing Bulletin October 2021

We are continually working to support students in feeling well and safe at school, to enable them to *“live life to the full”*. Within school, Mrs Hughes, Mr Anderson and Miss Lambert make up the safeguarding team and are available, alongside the Year Leaders and Student Support, to offer support and guidance when needed. We also have a superb relationships with the NHS Wellbeing in Mind Team who work in school each week, the Police School Liaison Officer (PC Boyle) and Change Direction youth mentoring. A wide range of topics are covered in PSHE lessons during both tutor time and timetabled RS / PSHE lesson, to keep students safe.

## Sexual Harassment, Sexual Violence and Peer-on-Peer Abuse

Sexual harassment, sexual violence and peer-on-peer abuse have been hot topics in the media recently, but are thankfully rarely seen at Barlby High School. Within school, we have continued to dedicated PSHE lessons to sexual harassment and violence, looked at the topic within our safeguarding assembly, and have reminders of our zero tolerance approach through the poster campaign seen here.



NEVER

“IT’S JUST A JOKE”

Sexual harassment, bullying and discrimination are never fun. *It's time for a better world.*

We will never accept sexual harassment or sexual violence at any time:

- sexual comments, name calling or remarks
- sexual jokes
- physical behaviours such as deliberately brushing against someone or displaying pictures or photos of a sexual nature
- online sexual harassment
- sharing of sexual images or videos
- sexual threats or coercion
- sexual violence

You must report it, and if you notice it happening to someone else, report it! You can report it to a member of staff or using the [Reporting Tool](#) on the Google Chrome homepage in school.



NEVER

“IT’S JUST A JOKE”

Peer-on-peer abuse is not OK. Think about our Barlby values: *be kind, compassionate and just.*

We will never accept peer-on-peer abuse at any time:

- bullying
- physical abuse such as hitting, kicking etc.
- abuse in a relationship between students
- sexual harassment or violence
- sexting or sharing of nude and semi-nude images)
- upskirting
- initiations

You must report it, and if you notice it happening to someone else, report it! You can report it to a member of staff or using the [Reporting Tool](#) on the Google Chrome homepage in school.

## Reporting Sexual Harassment, Violence and Peer-on-Peer Abuse

We appreciate that different people prefer different methods of communication, and therefore here are several ways that students can report incidents at school.

- Speak to a Form Tutor or Year Leader before or in form time;
- Speak to a member of the pastoral team at break, lunch or after school in Student Support.
- Speak to a member of the safeguarding team.
- Speak to any teacher or adult in school.
- Report it via the Reporting Tool on the Google Chrome homepage on any school PC.

## Peer-on-Peer Abuse and Bullying

Barlby High School is a safe environment, but sometimes students can make poor choices and be unkind or bully another student. As you can see on the first page, we do not tolerate peer-on-peer abuse, which includes bullying.

When a report of bullying is made, either from the student involved, a peer, or parent, we take it seriously and take steps to stop it. This will usually involve:

- Speaking to the person being bullied, to find out what has happened and support them in how they are feeling;
- It may involve speaking to other peers to find out additional information if needed;
- Speaking to the person who has been unkind or bullied, to talk through what has happened and why they have chosen to do this, then looking at why this behaviour was not an acceptable choice.
- Parents / carers of all parties will be contacted to explain what has happened and what will happen to resolve the issue.
- Restorative conversations, facilitated by a member of the pastoral team often take place to prevent future conflict and harm.
- Sanctions are put in place for the student who has made a poor choice.
- Check ins are put in place to ensure that bullying is not repeated.

# ANTI-BULLYING WEEK 2021

### Anti-Bullying Week (15<sup>th</sup>-19<sup>th</sup> November)

Each form in the school has an Anti-Bullying Ambassador, most of whom took part in training from the Diana Award last year. The Anti-bullying Ambassadors will shortly be planning activities to take place across the school for November's anti-bullying week.

## Meet the Team

Our pastoral team consists of five Year Leaders, Mrs Dack (Student Welfare Mentor), Miss Lambert (Welfare Team Leader) and Mrs Hughes (Assistant Principal: Student Welfare).

### Mr Rinaldi (Year Leader for Y7)

Mr Rinaldi has enjoyed being a Year Leader for the last 16 years and strives to make the transition between primary and secondary a positive, exciting experience. Outside of school, he adores music, DJing, playing the bass guitar, and listening to different genres and styles. Mr Rinaldi loves Wayne Gretsky's quote, "You miss 100% of the shots you don't take". It's fine to make mistakes however by not doing things because you are nervous or afraid, who knows what you'll miss out on.



### Mr Dale (Year Leader for Y8)

Mr Dale believes in the Invictus poem which says, "I am the master of my fate: I am the captain of my soul". He wants to instil confidence and resilience in our students so that they can take on new challenges and live life to the full. He's already seeing this in abundance in Y8. Mr Dale also enjoys doing this by pushing himself out of his comfort zone through activities such as abseiling, kickboxing, football coaching etc.

### Mrs Denham (Year Leader for Y9)

Mrs Denham is our international rugby player, having won the European Championships and come 2<sup>nd</sup> in the 1998 World Cup as a Lottery-Funded elite athlete. At Barlby, the students bring smiles to her every day, and she wants them to enjoy their time here, receiving the great education that they deserve. "Be the change you want to see in the world" – Ghandi.



### Mr Patchett (Year Leader for Y10 / Welfare Leader)

Mr Patchett wants our students to feel safe and happy and do the best that they can academically. He really enjoys looking after the Y10s and has seen them develop into independent teenagers since Y8. Barlby students feel like a big family to Mr Patchett and he likes that staff know them as individuals. He's easy going and open-minded, and enjoys ghost hunting and UFO spotting!

### Mrs Milne (Year Leader for Y11)

Mrs Milne loves the small community that we have at Barlby High, where we know everyone and can support each other to live life to the full. She wants to support our students in reaching their full potential and enjoys working with Y11 who are a charismatic, fantastic group of young people. Mrs Milne wants Year 11 to keep their heads held high and shine like the stars that they are.



### Miss Lambert (Welfare Leader and Deputy DSL)

Miss Lambert loves to support students in school, helping them to build resilience and independence as they progress. She believes that Barlby students are special because of their kind, forgiving and hardworking nature. Her favourite quote is, "Nothing in life that's worth anything is easy" (Barrack Obama). As a national champion swimmer and gym fanatic, Miss Lambert definitely lives by this statement!

### Mrs Dack (Student Welfare Mentor)

Mrs Dack enjoys working with students at Barlby High as she believes that they all have qualities which they cannot always see in themselves and she likes to help them realise that they are valued and have lots to offer inside and outside of school. Her motto is, "It's nice to be important but it's more important to be nice", as she believes that those who embrace our values will be successful in life.



### Mr Anderson (Deputy Safeguarding Lead)

Mr Anderson leads the Learning Support team, but as Deputy DSL, works closely with the pastoral team too. He believes in the quote from Malcolm X, "Education is the passport to the future, for tomorrow belongs to those who prepare for it today." He has enjoyed working with students over the past 20 years, supporting them in creating their passports for the future.

### Mrs Hughes (Assistant Principal: Student Welfare and Designated Safeguarding Lead)

Mrs Hughes wants everyone to fulfil their potential, and to learn important life skills to become great citizens for the future. She believes that everyone can achieve more than they think by working hard, setting goals and perseverance, as shown by running marathon number 5, the London Marathon, earlier in October having never run at school!



## Support Available: Barlby Wellbeing Website

The school website has a wellbeing section, found on the main menu. Support for parents / carers as well as self-help guides created with the Wellbeing in Mind Team can be found on there. There is specific support for anxiety, stress, sleep, low mood, low self-esteem, self-harm and body image, alongside information about our approach and contact details.

<https://bhs.hslt.academy/self-help/>

## Wellbeing Ambassadors

Within school, each form has its own Wellbeing Ambassador. As a group, they have worked on a set of top tips for half term and also activity ideas for each day which will be shared on Twitter (@BarlbyWellbeing) and the Wellbeing in Mind Team's Instagram page. The students' half term top tips are here:

THE BARLBY HIGH WELLBEING AMBASSADORS  
PRESENT

# TOP TIPS

FOR MANAGING YOUR WELLBEING OVER THE  
OCTOBER HALF-TERM

- **Rest and get some good sleep. Have some lie ins!**
- **Try to keep good routines such as sleep and healthy eating throughout the week.**
- **Try to meet up with your friends or keep in touch with them on social media.**
- **Try to keep busy - do something creative, something active and other things that you enjoy.**

Follow our Instagram account for our 'October Half-Term Activities' suggestions, to keep busy in the holidays.

 @wellbeinginmind.mhst



## Report Harmful Online Content

'Report Harmful Content', provided by UK Safer Internet Centre and operated by the SWGfL, is a national reporting centre that has been designed to assist everyone in reporting harmful content online. 'Our aim is to empower anyone who has come across harmful content online to report it by providing up to date information on community standards and direct links to the correct reporting facilities across multiple platforms.' The reporting centre offers advice and support including the following types of online harm:

- Threats
- Impersonation
- Bullying or harassment
- Self-harm or suicide content
- Online abuse
- Violent content
- Unwanted sexual advances
- Pornographic content

Find out more at:  
[reportharmfulcontent.com](http://reportharmfulcontent.com)

### From Miss Caddell:

I have really enjoyed meeting with some parents this week to discuss aspects of Teaching and Learning. We are always keen to hear from parents and I'm grateful to parents who write to me about particular parts of school life that have had an impact on their child - this helps us to continually develop. As a reminder, parents and carers can give their views of our school using the Ofsted tool - Parent View. You can find more information about this on the school website at:

<https://bhs.hslt.academy/parentview/>

## Key Safeguarding Contacts:

Mrs Hughes (Designated Safeguarding Lead): [z.hughes@bhs.hslt.academy](mailto:z.hughes@bhs.hslt.academy)

Mr Anderson (Deputy Designated Safeguarding Lead): [r.anderson@bhs.hslt.academy](mailto:r.anderson@bhs.hslt.academy)

Miss Lambert: (Deputy Designated Safeguarding Lead): [s.lambert@bhs.hslt.academy](mailto:s.lambert@bhs.hslt.academy)

Further information can be found on the school website.

