Activate

## What is a force?

## - A force can be a push or a pull

- A force is measured in Newtons (N)
- We measure forces with a newton meter
- Forces explain why objects will move, change direction and change speed
- Forces always act in pairs, we call these interaction pairs e.g. the tennis ball exerts a downward force of weight onto the table, the table exerts an equal and opposite reaction force onto the ball



## Balanced and unbalanced forces

- When forces acting on an object are the same size, but acting in different directions, we say that they are balanced
- When forces are balanced, the object is either not moving (stationary) or moving at a constant speed
- When the two forces acting on an object are not the same size, we say that the forces are unbalanced
- When forces are unbalanced, the object will either be in acceleration or deceleration
- The resultant force is the difference between the two unbalanced forces



## Types of forces

- Contact forces act when two objects are physically touching
- Air resistance and friction are examples of contact forces
- Non-contact forces act when two objects are physically separated (not touching)
- Examples of non-contact forces include gravitational force and magnetic forces
- We call the region where an object experiences a non-contact force a field, examples of these include gravitational fields and magnetic fields


## Speed

- Speed is a measure of how quickly or slowly that something is moving
- We measure speed in meters per second ( $\mathrm{m} / \mathrm{s}$ ), this means that distance must be in meters and time must be in seconds
- We calculate speed with the following formula

$$
\text { speed }(\mathrm{m} / \mathrm{s})=\frac{\text { distance travelled }(\mathrm{m})}{\text { time taken }(\mathrm{s})}
$$

- Relative motion compares how quickly one object is moving compared to another
- If both objects are moving at the same speed, they are not changing position in comparison to one another, meaning that their relative speed is zero


## Gravity

- Gravity is a non-contact force that acts between two objects
- Gravitational force pulls you back to Earth when you jump
- The size of the gravitational force depends on the mass of the two objects and how far apart they are
- Weight is the downward force caused by gravity acting upon the mass of an object, it is measured in Newtons (N)
- Mass is the amount of matter within an object, whereas weight is the downward force of the object, we measure mass in kilograms - We calculate weight with the equation:

$$
\text { weight }(\mathrm{N})=\text { mass }(\mathrm{kg}) \times \underset{\text { gield strength }}{\text { gravitational }}(\mathrm{N} / \mathrm{kg})
$$

- The value of the gravitational field strength can vary, so although a person's mass would be the same on different planets, their weight would not be


## Distance-time graphs

Distance-time graphs tell the story of a journey, they show how much distance has been covered in a certain period of time


- To find the average speed, the total distance must be divided by the total time

Key terms

## Make sure you can write definitions for these key term

acceleration air resistance balanced contact force deceleration distance-time graph field force friction gravity gravitational force interaction pair

