

NON-NEGOTIABLES

Bring your kit to lead. **LOOK THE PART.**

Arrive early if at all possible to set up everything that you need.

Make sure you have a watch or phone so you can time activities and check the time left in the session.

DO NOT JOIN IN THE ACTIVITIES unless you are demonstrating.

USE THE PLANNING SHEET PROVIDED.

Make sure you plan in detail including timings

You need detail in every section of the plan.

Justify why you have chosen these activities in your session

FAIL TO PLAN

PLAN TO FAIL

PLANS

U6 LAB

To gain a LEVEL 1 PASS you would be making a LIST

To gain a LEVEL 2 PASS you would be DESCRIBING the things in the list

To gain a LEVEL 2 MERIT you would then explain why they happened

To gain a LEVEL 2 DISTINCTION you would then ANALYSE the effect they have

BRIEF SUMMARY

PLAN 2 SPORTS SESSIONS
LEAD 1 SPORTS SESSION

And be videoed doing so.

Demonstrate of attributes

Meet your responsibilities as the leader

Measures of success

Did you cover what you planned?

Did you meet your aims and objectives.

Was the sessions organised?

Was the session safe?

LEADING